



CAWSTON GRANGE PRIMARY SCHOOL NEWSLETTER

Friday 24th January 2025

Firstly, a huge well done to our wonderful team of litter pickers (see the picture above!) who delivered an outstanding assembly on the importance of looking after our environment. Many of these students also serve on our Eco Committee, and their enthusiasm and commitment to the cause are inspiring. They shared some really interesting facts and practical tips on how we can all reduce our environmental impact—thank you for making us think and act more sustainably.

A special thank you goes to Mr. Nik, our caretaker, for braving the cold mornings to install the new outdoor stage. We are so grateful to the PTA for funding this exciting addition to our playground. Lunchtimes are about to get much more dramatic!

We'd also like to extend our appreciation to Mr. Craddick for his assistance in collecting a very generous donation from Dobbies. Thanks to their kindness, we now have an amazing supply of play sand and other useful items that will enhance our outdoor spaces.

Finally, a quick reminder that we are still looking for donations to help with our OPAL play project. If you have—or know anyone who has—any of the following items to spare, we'd be delighted to receive them:

- Strong plastic crates
- Cable drums
- Tyres
- Lengths of wood
- Hoses and pipes
- Guttering

If your workplace or business could contribute a larger quantity of these items, please do get in touch—we'd love to hear from you!

Mrs Worthington
Head Teacher

The RSPB Big Garden Birdwatch 2025

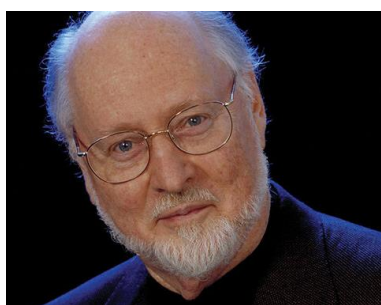
Yes, it's that time of the year again. The RSPB are asking for your help with their Big Garden Birdwatch and it's this weekend (24th-26th January). Last year, they found that house sparrows were the number one visitor followed by blue tits and starlings. How will that change this year?

If you've never done it before, here is what you do:

- 1) Pick a warm, comfy spot where you can see the birds in your garden
- 2) Watch the birds that land in your garden for an hour. You can download an RSPB guide from rspb.org.uk/birdwatch
- 3) Count how many of each species of bird land in your garden at any one time. For example, if you see four starlings at once and then a little while later you see two more then at the end of the hour record four starlings as your final count.
- 4) Go online and share your findings with the RSPB at rspb.org.uk/birdwatch

It's as easy as that! The RSPB will take the results from everyone all over the country and use them to find out how our garden birds are faring.

Happy Birdwatching!!



Composer of the Month

We are excited to introduce our new Composer of the Month initiative! Each month, we will focus on a different composer, learning about their music and how they create emotions through sound. This month, we are exploring the works of John Williams, one of the most famous modern composers. You might recognise his music from films such as Star Wars, Harry Potter, Jurassic Park, and Indiana Jones.

Why not listen to some of his music at home and discuss it with your child? Here are a few questions to spark conversation:

- How does the music make you feel?
- How does the composer achieve that feeling?

We have been learning some key musical vocabulary to help describe music:

- **Tempo:** The speed of the music
- **Pitch:** How high or low the notes sound
- **Dynamics:** How loud or quiet the music is
- **Duration:** How long or short the notes are
- **Timbre:** The unique sound quality of an instrument or voice
- **Texture:** How different musical layers are combined
- **Structure:** How the music is organised into different sections

We hope you enjoy exploring John Williams' music at home and sharing your thoughts with your child!

Weekly Online Safety Bulletin



Among children – and especially teenagers – TikTok boasts approximately 220 million users, providing a near-endless reel of short clips intended to entertain, educate and more. With the platform reaching astronomical levels of success among the younger generation, it's vitally important for parents and educators to understand the risks it poses. This free guide lets you know about the most prominent potential dangers associated with TikTok and offers expert advice on how to safeguard youngsters who are navigating the site.

Playtime Snacks

Key Stage 2 children are allowed to bring a snack from home to eat at playtime. Please ensure that this is either a piece of fruit or a cereal bar (nut free). Many children are taking items such as packets of crisps or sandwiches from their lunchboxes but these should be eaten at lunch, not playtime. We have also reminded the children of this in school.



Breakfast Club

Just a reminder that bookings and payment for breakfast club places is via SCOPAY, all breakfast places must be pre booked 5 days in advance. Any questions please contact the school office

School Lunches

Remember that if your child is having a hot school dinner, meals need to be booked no later than 9am via your Stir/Select account.



New Ordering system

We are excited to inform you that after the February half term, Stir food will be introducing a new school lunch ordering system to make the process more convenient and efficient for both parents and pupils.

To place lunch orders, they will be using a new app. Instructions on how to download and use the app are below. In addition, unique codes required for accessing the system will be distributed to your child to bring home shortly, so please keep an eye out for this information!

Click link for more details ([SwiftKitchen Video](#))

Thank you for your support, and we look forward to a smooth transition to the new system after the half term break.



We are delighted to confirm that HAF has been extended for a further year, meaning Warwickshire will be running HAF activities during Spring 25, Summer 25 and Winter 25. As a reminder, HAF does not currently run during Half term holidays, meaning the next HAF delivery period will be over the Easter holidays.

We have also completed our internal HAF report for Winter delivery and you can view this here: <https://api.warwickshire.gov.uk/documents/WCCC-829341009-478>

We will be updating our webpages to reflect the extension to funding, over the next few days: <https://searchout.warwickshire.gov.uk/holidays-activities-food-haf>

If you have any questions at all, please contact us at: hafprogramme@warwickshire.gov.uk"

Mental Health in Schools



Respect

Respect is important in our lives because it helps us develop a sense of self-worth and improves our general wellbeing. This in turn will enable us to develop healthy relationships with others and an environment where everyone feels valued and heard. As we grow, respect is a crucial life skill we need to manage our emotions and resolve conflicts peacefully.

When you respect yourself, this enables you to be open to new opportunities that will help you reach your personal goals. If you feel confident in your own worth, you are more able to recognise when others are not treating you well. Scan the QR code below to watch a video about Maslow's hierarchy of needs!

Our tips for respect:

1. **Listen** to each other's point of view and recognise that it is OK if you do not agree with someone else's opinion.
2. Try to keep discussions about the topic and not about the people who are sharing their views.
3. As a class, **create an agreement** and list the ways you would like to be respected by each other in school. You could all sign your name and pin this on the classroom door to remind you about how to be respectful!
4. **Create a poster** about how you can show respect outside of the classroom too. Think about what you could do at home and in the community.
5. **Respect role-play!** Practice respect by imagining how someone else might feel in different situations. Think about how actions and words might affect others.
6. **Talk to your friends** about what makes you unique. Focus on listening to each other and embracing each other's differences.
7. Listen to the '**respect rap**' by following the QR code and watching the video!

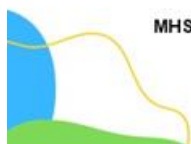


Maslow's hierarchy of needs



Respect rap!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.



MHST are available to support you and your school throughout the school year including term time and school holidays.
Please contact your school's Mental Health Lead for information and advice.



PTA

A huge thank you to everyone who contributed donations for the Bags 2 School collection! We were overwhelmed by the generosity, and the donations raised an incredible £69.60. We truly appreciate your continued support.

We have some exciting family events coming up:

Book Fair:

Our next event is the Book Fair, in the lead up we'll be holding a competition for children to win a voucher to spend at the fair. Stay tuned for more details! The Book Fair will be open after school from **4th to 7th February**, until 4:30 pm. We're also opening the Book Fair on **Saturday, 8th February** from 9:00 am to 11:00 am for the wider community and those who may find it difficult to attend after school.

You can prepay for vouchers for children to take to the book fair instead of cash following this link: <https://bookfairs.scholastic.co.uk/gift-vouchers>

Uniform Giveaway:

During the Book Fair, we'll have a selection of uniforms available for you to take free of charge, so feel free to help yourselves.

Bingo Night:

On **11th February**, we'll be hosting our first Bingo Night, organized by Mrs. Jones (Maths Lead). It's sure to be a fantastic evening, and we'll be sending more details soon. Keep an eye on our *Friends of Cawston Grange PTA* Facebook page for updates!

Thank you again for your support and we look forward to seeing you at these upcoming events!

We're excited to announce our Summer Sizzler event on Saturday, 5th July, 12pm - 3pm and we'd love your help to make it a success! We're reaching out early to recruit volunteers so we can organize our team in advance and get the date into everyone's calendars.

We are looking for volunteers to assist with running stalls and activities for 1-hour slots (or longer if you're available), as well as help with pre-event setup and post-event clean-up. Your support will make a big difference!

Additionally, if you work for or own a company that could donate a raffle prize or would be interested in hosting a stall at the fair, we'd love to hear from you.

Thank you for your continued support—we can't wait to make this event memorable with your help!



SPRING TERM PTA EVENTS

JAN 09	UNIFORM AND UNWANTED GIFT COLLECTION
JAN 21	BAGS 2 SCHOOL COLLECTION
FEB 4-7	BOOK FAIR
FEB 11	FAMILY BINGO
MAR 6	WORLD BOOK DAY STORY TELLING
APR 3	JOULES OUTLET SALE EVENING
APR 11	EASTER HUNT

OTHER EVENTS

BOOK CLUB EVENING



Heavily Discounted

Outlet sale

Thursday 3rd April 2025

Cawston Grange Primary School,
Scholars Dr, Cawston, Rugby CV22 7GU

6pm - VIP Access and sale £6
(Limited availability)

6.30 - 8pm General access £5
Tickets on the door £8
(Subject to availability)

All ticket sales go to Friends of Cawston
Grange School PTA

Scan here to purchase tickets




BOOK FAIR

Join us for a world of adventure, knowledge, and imagination at our School Book Fair!

4th - 7th February
3:30pm to 4.30pm
In the school library

- Explore a wide selection of books for all ages
- Discover exciting new titles
- Perfect gifts for the young readers in your life!

Don't miss out on this amazing opportunity to dive into the pages of your next great read!

Bring your friends, bring your family, and get ready to find your next favorite book!




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Saturday 8th February
9 am to 11pm
**At Cawston Grange Primary School,
Scholars Dr, Cawston, Rugby CV22 7GU**

- Explore a wide selection of books for all ages
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National Careers Service

The National Careers Service provides free advice to help you make career decisions throughout your life.

Our careers adviser Denton will be at Rugby Leisure Centre on 29 January 2025 and on hand to offer free and impartial careers advice, supporting you with your new year goals.

If you'd like to chat to Denton then pop down between 10am - 2pm or search National Careers Service online.



Get careers advice from the National Careers Service

Come and see our careers adviser for free, impartial advice and guidance on your career, education, or training.

Wednesday 29 The Queen's Diamond Jubilee Centre
10am to 2pm

www.nationalcareers.service.gov.uk 0800 100 900

National Careers Service



Here is the link to the Jan/March (half-term) digital version of Allsorts magazine https://bit.ly/ALLSORTS_JANMARCH - you can **tap** straight to advertisers' websites too when viewing the mag on your phone (please mention allsorts). There are lots of attraction to visit, services and articles to help your family. You can view this issue at www.allsortsmag.com too or on the allsorts Facebook page soon.

School Year

2024/2025

Diary Dates – Spring Term 2025

February 2025		
04/02/25 – 07/02/25	PTA Scholastic Book Fair	3.30pm – 4.30pm
08/02/25	PTA Scholastic Book Fair	9am – 11am
07/02/25	Dress up for Digits – Numbers Day	Donations going to NSPCC
10/02/25	Year 4 CBSO Trip	Consent and Payment via SCOPAY
11/02/25	PTA Bingo Evening	More details to follow
14/02/25	School Closes at 3.30pm for Half Term	
17/02/25 to 21/02/25 Half Term		
24/02/25	School reopens at 8.40am	
26/02/25	Reception – Vision Screening	Details e-mailed 25/11/24
March 2025		
07/03/25	Final Payment for year 6 residential due	
25/03/25	Year 6 Leavers Hoodies, Final order Day	Details sent via e-mail
31/03/25	Last Week of Teacher Led After School Clubs	
April 2025		
11/04/25	School Closes at 3.30pm for Easter	

Diary Dates – Summer Term 2025

April 2025		
28/04/25	School reopens at 8.40am	
May 2025		
05/05/25	Bank Holiday	School Closed to Pupils
21/05/25-23/05/24	Year 6 Residential	
23/05/25	School Closes at 3.30pm for Half Term	
26/05/25 to 30/05/25 Half Term		
June 2025		
02/06/25	School reopens at 8.40am	
05/07/25	Summer Sizzler	
20/06/25	Designated Teacher Training Day	School Closed to Pupils
July 2025		
17/07/25	Year 5 Trip to London	Consent and Payment via SCOPAY
18/07/25	School Closes at 3.30pm for Summer Holidays	

Please check dates regularly as more trips and events will be added as the year progresses.

Attachments

Weekly online safety bulletin –
Mental Health in School Team – Respect

spaces available, pay for
remaining sessions only!

Street Dance - Wednesday

3:30 pm - 4:30 pm

Musical Theatre - Thursday

3:30 pm - 4:30pm

funstar

Education Through Performing Arts

07971073530 / 07849168639

www.funstareducation.co.uk



Email us:

info@funstareducation.co.uk

subject line FREE TRIAL for a taster session