



CAWSTON GRANGE PRIMARY SCHOOL NEWSLETTER

Friday 7th March 2025

A huge congratulations to our incredible mathematicians who took part in the Primary Maths Challenge. This year, we had an impressive number of pupils invited to the Bonus Round, designed for those who love a challenge! Even more astonishing, three of our pupils achieved Silver Medals, while five secured Gold Medals – an outstanding achievement given that only 163 Gold Medals were awarded nationally. Well done to all who participated – we are incredibly proud of you!

Our Year 5 and 6 cross country runners also did a fantastic job representing our school at Binley Woods. They showed determination, resilience and great team spirit. We are now eagerly awaiting news on who will progress to the final – fingers crossed!

World Book Day was a huge success, with fantastic costumes and an inspiring love of reading on display. It was wonderful to see so many children return after school for our special Storytelling Event. As always, a huge thank you to all the volunteers who made this event possible.

What a brilliant week of achievements – well done, everyone!

Mrs K Worthington
Head Teacher

British Science Week

British Science Week 2025 runs from the 7th -16th March with a theme of "Change and Adapt". We are celebrating it in school next week with lots of classroom-based activities. We would also like to invite you to take part in this year's poster competition at home.



Encourage your child to think about change and adaptation – what it means to them and how it relates to science they've learnt about – to come up with ideas to include in their poster. Here are some points and questions to get you going:

1. Get children to think about ways that they might have changed or adapted to new experiences and places as they've grown.
2. What about change and adaptation in the world, and beyond? How do plants and animals adapt to a changing environment? Do the stars and planets in space change?
3. Technology changes all the time, how is it changing our lives? Is it always for the better?

The judges will be looking for creativity in approach, clear and accurate content and effective communication. They should be on A3 or A4 paper and you can use pop-up pictures, pull out tabs or use materials such as pencils, paints, crayons and paper to create your posters. Please give your completed posters to your child's class teacher before the closing date of Monday 17th March.

Mental Health in Schools – Relaxation



Mental Health in Schools Team
Tips For Wellness



Relaxation

Relaxation is when our mind and body is free from stress and tension. Research has found that this can help us to think clearly, concentrate, sleep well, feel more confident and even boost our immune system!

Relaxation can look different for everyone, and it can be helpful to try a few different relaxation techniques to see what works best to make you feel happy and rested.

Our Tips for Relaxation:

1- Try some breathing exercises, such as finger breathing or square breathing. Breathing exercises are great as you can do them in any place at any time. Follow the QR code to try rainbow breathing!



Rainbow breathing

2- Drawing or colouring can help you to express your feelings and focus on something peaceful. This is a great way to relax your mind!

3- Practice mindfulness by taking a break away from any screens and devices. This could be going on a walk or being outside in nature. Try to use as many of your senses as possible, think about what you can see, hear, smell, touch and even taste! You could even try cloud watching to calm your mind.

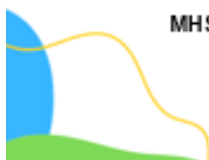


Calming yoga stretches

4- Stretch it out, practice yoga to stretch out your muscles to relax and reduce tension. Try following the QR code for a yoga video!

5- A warm bath or shower can be a soothing experience that helps to relax muscles and calm your mind. You could make it extra relaxing with quiet music and bubbles!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.



MHST are available to support you and your school throughout the school year including term time and school holidays.
Please contact your school's Mental Health Lead for information and advice.



Weekly Online Safety Bulletin – Online Safety Guide

Children's use of the internet is becoming more mobile and interactive offering young people more opportunities to interact and meet new people, so it's never been more important to make sure you are helping your child stay safe in the digital world. Keep this guide to hand for future support.

Playtime Snacks

Key Stage 2 children are allowed to bring a snack from home to eat at playtime. Please ensure that this is either a piece of fruit or a cereal bar (nut free). Many children are taking items such as packets of crisps or sandwiches from their lunchboxes but these should be eaten at lunch, not playtime. We have also reminded the children of this in school.



Breakfast Club

Just a reminder that bookings and payment for breakfast club places is via SCOPAY, all breakfast places must be pre booked 5 days in advance. Any questions please contact the school office

School Lunches - New Ordering system



Thank you to those who have downloaded and registered on the new SwiftKitchen app, the children have really enjoyed using the new tablet system when collecting their lunches. If you are struggling with the new app please contact the school office and we will be happy to help you with your queries.

Remember that if your child is having a hot school dinner, meals need to be booked no later than 9am via your Swiftkitchen app. If you have booked a lunch and no longer require please cancel it before 9am on the day, as we are unable to remove orders.

School Year

2024/2025

Diary Dates – Spring Term 2025

March 2025		
21/03/25	Year 1 Spring Assembly 2.30pm	Book your seat via SCOPAY, Maximum of 2 adults per child
25/03/25	Year 6 Leavers Hoodies, Final order Day	Details sent via e-mail
27/03/25	Year 1 Butterflies DT Workshop	2pm, Please book places via SCOPAY account
28/03/25	Year 1 Red Pandas DT Workshop	2pm, Please book places via SCOPAY account
31/03/25	Last Week of Teacher Led After School Clubs	
April 2025		
01/04/25	Year 1 West Lodge Farm Trip	Consent and payment via SCOPAY accounts
03/04/25	Year 2 Seaside Day Workshop	Consent and payment via SCOPAY accounts
03/04/25	PTA Joules Outlet Sales Evening	Booking via PTA
05/04/25	Years 5 & 6 Primary School Swimming Gala	More details to follow, teams to be selected
07/04/25	RockSteady Concert to parents with children attending RockSteady Club	2.30pm School hall
08/04/25 & 09/04/25	Year 4 Priates V's Mermaids Performance, 2pm	Book your seat via SCOPAY, Maximum of 2 adults per child
8/04/25 & 10/04/25	Parents evening	More details to follow
11/04/25	PTA Easter Hunt	More details to follow
11/04/25	School Closes at 3.30pm for Easter	

Diary Dates – Summer Term 2025

April 2025		
28/04/25	School reopens at 8.40am	
May 2025		
05/05/25	Bank Holiday	School Closed to Pupils
21/05/25-23/05/24	Year 6 Residential	
23/05/25	School Closes at 3.30pm for Half Term	
26/05/25 to 30/05/25 Half Term		

June 2025

02/06/25	School reopens at 8.40am	
20/06/25	Designated Teacher Training Day	School Closed to Pupils

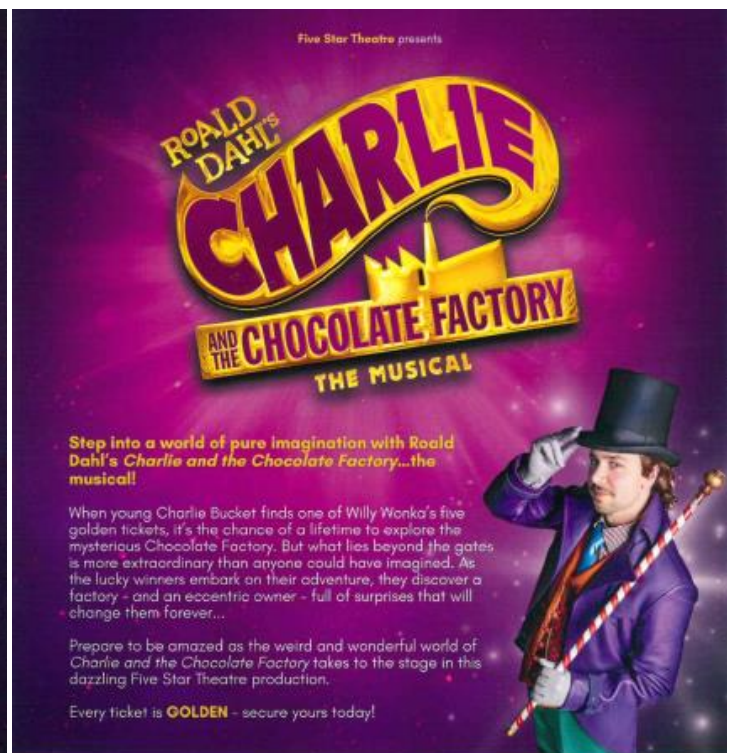
July 2025

05/07/25	Summer Sizzler	
7-18/07/25	Year 3 & 4 Swimming Lessons	More details to follow
17/07/25	Year 5 Trip to London	Consent and Payment via SCOPAY
18/07/25	School Closes at 3.30pm for Summer Holidays	

Please check dates regularly as more trips and events will be added as the year progresses.

Attachments

Mental Health in Schools – Relaxation
 Weekly Online Safety Bulletin – Online Safety Guide
 Big U Assembly Letter
 Bayleaf Cookery Club Enrolment



Performance Dates & Times

Thu 3 April	-	7:30pm
Fri 4 April	-	7:30pm
Sat 5 April	2:30pm	7:30pm

Ticket Information

Standard: £19.50
Concession: £17.50
Box Office: 01788 533719
 (Open Monday to Friday, 9am to 4pm)
Book Online: bennhall.co.uk

This amateur production of Charlie and the Chocolate Factory the Musical is presented by arrangement with Music Theatre International (MTI) Europe Ltd.

CHANGE IS POSSIBLE!

Rugby Foodbank gave out 7089 parcels last year. 37% went to children!

Between April & August 2024 BRANCA8 dealt with 225 cases relating to council tax debt. 44% of these cases were for single parents. 66% were female. 46% had long term health conditions.

Rugby Foodbank
Together with Trussell

Rugby Foodbank are working to support families and would like to hear stories from local parents who have experienced council tax debt which has contributed to needing help from a Foodbank.

We need your voice to help create change!

Come and chat to us at
Shine A Light cafe
Wednesday 12th March
10.30 - 12.00

Email: cstephens@hope4.org.uk

Hope4

HILL STREET YOUTH & COMMUNITY CENTRE

Spring FAIR '25

11AM - 3PM
SATURDAY MARCH 29TH 2025

ARTS, CRAFTS, COSMETIC, GARDEN & VINTAGE STALLS
COME AND BUY YOUR MOTHERS DAY GIFTS
LIVE ENTERTAINMENT
KIDS FUN ACTIVITIES & GAMES
EXTRA SPECIAL RAFFLE
COFFEE LOUNGE REFRESHMENTS AVAILABLE ALL DAY
FULL DISABLED ACCESS THROUGHOUT
PARKING ON SITE

TABLE TOPS £10 PER TABLE
CALL THE CENTRE ON 01788 576041
TO BOOK YOUR SPACE BY 14 MARCH 2025

CARD PAYMENTS ACCEPTED BUT ADVISABLE TO BRING CASH FOR SMALL TRANSACTIONS
ALL PROCEEDS TO THE HILL STREET CENTRE CHARITY NO 1156128
HILL STREET YOUTH & COMMUNITY CENTRE
HILL STREET, RUGBY, WARCS. CV21 2NB

CHILD FRIENDLY
HSC
HILL STREET CENTRE

FROM £12

EASTER HOLIDAY CAMPS

KA
KITS ACADEMY

COVENTRY
HOLLYFAST PRIMARY SCHOOL
CV6 2AN

RUGBY
RUGBY COLLEGE
CV21 1AR

HUNTEON
PARK LAKE PRIMARY SCHOOL
CV10 8NL

WARWICK
ALL SAINTS' COTE PRIMARY SCHOOL
CV34 5LY

WARWICK
NEWBURNHURGH PRIMARY SCHOOL
CV34 6LD

ACTIVITIES
LITTLE LACES, MULTI SPORTS
DANCE*, FOOTBALL*
ARCHERY & FENCING*
TRAMPOLINING & GYMNASTICS*

HAF

TIMES
FROM 8:30AM - 4:30PM
8:30-9:00AM & 1:30-4:30PM
EXTRA CHARGE

TO BOOK, VISIT:
WWW.KITSACADEMY.COM
BOOKINGS@KITSACADEMY.COM
07772 873271

Easter Egg Hunt
AT ALL VENUES
THURSDAY 11TH APRIL 25

QR CODE

FROM £12

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HUNTEON
PARK LAKE PRIMARY SCHOOL
CV10 8NL

RUGBY
RUGBY COLLEGE
CV21 1AR

WARWICK
ALL SAINTS' COTE PRIMARY SCHOOL
CV34 5LY

WARWICK
NEWBURNHURGH PRIMARY SCHOOL
CV34 6LD

NEW

KA MEMBERSHIPS
JOIN OUR NEW MEMBERSHIP FOR 24/25
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AND SUMMER

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SCANNING THE QR CODE**

QR CODE

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Per Day

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CAMPS**

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BILTON GRANGE

THIS EASTER HALF TERM

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- Arts & crafts
- Multi-sports
- Team Games
- And Lots more!



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- ✓ EXTENDED HOURS INCLUDED
- ✓ CHILDCARE VOUCHERS ACCEPTED
- ✓ WEEKLY DISCOUNTS AVAILABLE

Book
Today

CAMP Dates: 14th April - 17th April

⌚ CHILDREN AGED 4-14 ⌚

✱ CAMP TIMES 8:15 AM - 6 PM ✱

www.active-camps.com



QUICK BOOK