



## CAWSTON GRANGE PRIMARY SCHOOL NEWSLETTER

**Friday 9<sup>th</sup> May 2025**

Yesterday, children across the school marked VE Day by wearing red, white and blue. It was a fitting tribute to an important moment in our history, and a lovely way to reflect on the values of peace, resilience and hope. In class, children spent time learning about the significance of VE Day and why it continues to be remembered. Thank you for helping the children come in appropriately dressed for the occasion.

### **Uniform Reminders**

A quick reminder that, even on non-uniform days, make-up is not permitted in school. We appreciate your support in maintaining high standards and helping children to focus on their learning. We don't think children at primary school age should be worrying about make-up, we hope you'll help us reinforce that message at home.

Please also ensure that PE kit follows our uniform guidance: a plain white t-shirt, with navy or black joggers, leggings or shorts. Children using the nature classroom must come in long trousers for safety reasons – no shorts, please.

### **Good Luck Year 6!**

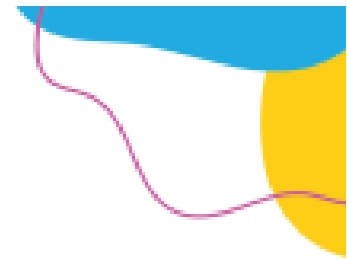
Next week is SATs week and we want to wish the very best of luck to our amazing Year 6 pupils. They have worked incredibly hard, shown real determination and grown in confidence. We are already so proud of the progress they have made. Next week is their chance to show what they know – we know they'll give it their all, just as they always do.

**Mrs Worthington**  
**Head Teacher**

## Mental Health in Schools



### Mental Health in Schools Team Tips For Wellness



## Empathy

Empathy means *feeling with* someone, not just *feeling sorry* for them. It is one of the best ways to be a kind friend and a good person. Empathy is not just noticing that someone is happy, sad, or hurt—you're trying to understand their feelings **from their point of view** and responding with kindness.

Examples of when you could be empathetic:

**A friend is nervous before a test.**

You might say: *"I get nervous too. We've got this!"*

**Someone is sitting alone at lunch.**

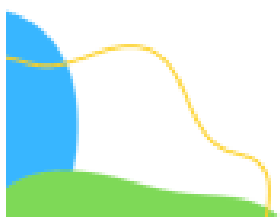
You might think: *"I would feel sad if I were alone."*

So, you could invite them to sit with you.

Our tips for empathy:

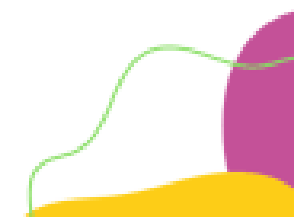
1. **Pay attention** to how people look and sound. Are they happy, sad, or upset? Look for clues in their body language to find out how they might be feeling.
2. Read a book or watch a TV show. Pick a character in the book or show and imagine how that character might feel. Do you think all the characters feel the same? **Put yourself in their shoes!**
3. **Empathy drawing** – if you like to get creative, you could try drawing a picture of how someone else might feel in a certain situation (e.g., "a child who has lost their favourite toy", "a child who is starting a new school").
4. **Be kind with actions** - even little things help - like sharing, listening, or giving a hug.
5. **Include everyone** - invite others to play, join in, or sit with you. Notice if someone is standing alone, sitting on a bench, or watching others play.
6. **Kindness cards** – consider making cards or notes for family, friends or classmates who might need a boost!

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.



**MHST are available to support you and your school throughout the school year including term time and school holidays.**

**Please contact your school's Mental Health Lead for information and advice.**



## Weekly Online Safety Bulletin – Making friends online

This free guide looks at the challenges of children forming friendships online, highlighting key risks such as grooming, privacy concerns and inappropriate content — and offers tips for staying safe.

### Playtime Snacks

Key Stage 2 children are allowed to bring a snack from home to eat at playtime. Please ensure that this is either a piece of fruit or a cereal bar (nut free). Many children are taking items such as packets of crisps or sandwiches from their lunchboxes but these should be eaten at lunch, not playtime. We have also reminded the children of this in school



### Breakfast Club



Please remember that all bookings and payment for breakfast club places need to be made via your SCOPAY account, all breakfast places must be pre booked at least 5 days in advance. If you have any questions please contact the school office.

### School Lunches – SwiftKitchen app

If your child is having a hot school dinner, meals need to be booked no later than 9am via your Swiftkitchen app. If you have booked a lunch and no longer require please cancel it before 9am on the day, as we are unable to remove orders.



## School Year

**2024/2025**

### Diary Dates – Summer Term 2025

May 2025		
05/05/25	Bank Holiday	School Closed to Pupils
12-23/05/25	Year 3 & 4 Swimming Lessons	Consent and Payment via SCOPAY
21/05/25- 23/05/24	Year 6 Residential	
23/05/25	School Closes at 3.30pm for Half Term	

26/05/25 to 30/05/25 Half Term		
June 2025		
02/06/25	School reopens at 8.40am	
13/06/25	Year 4 Silverstone Museum Trip	Consent and Payment via SCOPAY
17/06/25	Year 1 Trip	More details to follow
<b>20/06/25</b>	<b>Designated Teacher Training Day</b>	<b>School Closed to Pupils</b>
23-24/06/25	Year 1 & 2 Disney inspired Football Festival	Consent and Payment via SCOPAY
23/06/25	Year 3 The Festival on the Close	Consent and Payment via SCOPAY
26/06/25	Year 3 Archery Day	
July 2025		
01/07/2025	Sports Day	Weather permitting
02/07/2025	Secondary School Induction Day	
05/07/25	Summer Sizzler	
11/07/25	Reception Seaside Day	More details to follow
11/07/25	School Reports sent out	
15/07/25	Year 6 Production	More details to follow
16/07/25	PTA End of Year & Leavers Disco	More details to follow
17/07/25	Year 5 Trip to London	Consent and Payment via SCOPAY
18/07/25	Year 6 Leavers Assembly	More details to follow
18/07/25	School Closes at 3.30pm for Summer Holidays	

*Please check dates regularly as more trips and events will be added as the year progresses.*

### Attachments

Weekly Online Safety Bulletin – Empathy  
Mental Health in Schools – Making Friends Online



# VISION FOOTBALL ACADEMY & SHE KICKS ACADEMY



## FOOTBALL AND MULTI-SPORTS CLUB

27th-30th May  
Weddington Primary School  
Nuneaton CV10 0DR  
9am-3:30pm  
Age 4-12 yrs



£20 PER DAY  
£70 FULL WEEK  
20% discount if child  
attends the school

**PLEASE BOOK TO  
SECURE YOUR PLACE!**

EMAIL: [INFO@VISION-FOOTBALL-ACADEMY.COM](mailto:INFO@VISION-FOOTBALL-ACADEMY.COM)  
[INFO@SHEKICKSACADEMY.COM](mailto:INFO@SHEKICKSACADEMY.COM)

**onside**  
COACHING.CO.UK

## HOLIDAY CAMPS

Tuesday 27th to  
Friday 30th May  
8.30 to 9am drop off  
3.30 to 4pm collection

# May Half Term

### Active Kids and Football Courses!



Fun, active, and flexible  
childcare for ages 5-11

ONLY  
**£20** per day

LS Lawrence Sheriff School, CV21 3AE

Book now at [onsidecoaching.co.uk](https://onsidecoaching.co.uk)

EAST WARWICKSHIRE